



Bringing the Indoors Out: 2020 Outdoor **Living Trends**

2020 outdoor living trends are all about enjoying your backyard alfresco - but with the comfort and ease you expect from your indoor spaces.

Today's outdoor spaces are transforming into an extension of the home. The current outdoor design also takes into account the look and feel of your entire home, including the interior and exterior, building materials and surroundings.

Connecting with nature: Biophilic design

Biophilic design is achieved when natural elements are incorporated into the space, helping people feel connected to the natural environment. It creates a calm, tranquil space and reduces stress. Biophilia makes sense for indoor urban environments needing to bring the outdoors in, but how does it work when you're already outside?

Biophilic design for outdoor spaces means integrating natural elements with constructed elements to create a harmonious space. A plant wall or raised garden bed can integrate greenery and pops of color with the built elements of your outdoor space. It also means using natural materials, like wood and stone, to complement the surrounding environment.